



# Old Buckenham High School

## STUDENT Bulletin

Week Beginning 31<sup>st</sup> January 2022

*Be the best we can be*

	MON 31 <sup>ST</sup> JAN	TUES 1 <sup>ST</sup> FEB	WED 2 <sup>ND</sup> FEB	THUR 3 <sup>RD</sup> FEB	FRI 4 <sup>TH</sup> FEB
Assembly	Y11 with SLT	Y10 with SLT	Y9 with SLT	Y8 with SLT	Y7 with SLT
Breaktime Clubs	Accelerated Reader Reading & Quizzing In the Library	Accelerated Reader Reading & Quizzing In the Library	Accelerated Reader Reading & Quizzing In the Library	Accelerated Reader Reading & Quizzing In the Library	Accelerated Reader Reading & Quizzing In the Library
Lunchtime Clubs	Library Open Lunchtime 1  Choir Group Room 30	Library Open Lunchtime 1	Library Open Lunchtime 1  Y7 & 8 Homework Club Room 10	Library Open Lunchtime 1  LGBTQIA+ Room 7 ILT 1	Library Open Lunchtime 1  Y7 & 8 Creative Writing Club Room 9 Students welcome to bring their lunch
After School Clubs	Basketball All Years 3.15-4.15  Back to the 80s Rehearsal 3.30-5.00	New Hockey All Years 3.15-4.15  Back to the 80s Rehearsal 3.30-5.00		Table Tennis All Years 3.15-4.15  New Rugby Club Year 9 and 10 3.15-4.15	
Events		Careers Interviews			

### LGBT+ History Month:

Over the course of the planned ILT sessions and subject lessons which promote inclusivity and the discussion of both LGBT+ and wider cultural issues, among other things, you will hear and discuss language which is unacceptable to use with the OBHS community and wider world. This includes derogatory terms used about people within the LGBT+ community and derogatory language linked to race.

We feel that it is important that we raise your awareness to the issues affecting people, and the language associated with this, in order to further emphasise the message that using it is not ok, and to explore the potential impact this has on people – whether they are a direct victim of it, or just hear it in passing.

If you have any concerns about what you will hear, read or be asked to discuss, please speak to Mrs Morgan who will be happy to share more information with you. If you have any other concerns relating to this, please raise them with either Mrs Morgan, or a member of staff you feel comfortable talking to.

### Year 10 Work Experience – Extension for Completed Forms

Deadline has been extended to **Wednesday 9<sup>th</sup> Feb**. If you have any questions, need another copy of the paperwork to complete please speak to Mrs Taylor (Room 5).

## **Star of the Week**

- Y7 Eleanor F 7B – For being so helpful in Form Time and being a real credit to herself in every way.  
Y8 Dora S 8R – For getting positives in 5 different subjects. Well done!  
Y9 Lewis S 9B – For having a really positive week. Well done!  
Y10 Jack B 10Y – Well done on an excellent week in school – achieving several positive points.  
Y11 Leah B 11Y – For a positive start to the new term – showing an excellent attitude in Geography.

## **Year 11 Guided Study Sessions**

<b>Year 11 Guided Study Sessions</b>					
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Maths Intervention (invite only) 12.40-13.10	Foundation	Higher	Foundation	Higher	
Lunch Time/ILT (Pre-arranged only)			History 12.40 – 13.10 Room 10	French and German Room 36	
Afterschool (3.20-4.20)	PE Room 7			English Room 7	Health and Social Care Room 5

## **Accelerated Reader**

KS3 students should quiz on their reading books within two days of finishing. To do this, go to: <https://ukhosted90.renlearn.co.uk/6699020/> Click 'I am a student'. Log in.

Your username is usually the first letter of your first name, followed by the first 4 letters of your surname. Eg. Joe Bloggs is JBLOG Your password is abc. If you have any problems, please email or speak to your English teacher.

## **Attendance**

Y7 – 89.58%                      Y8 – 88.50%                      Y9 – 91.25%                      Y10 – 85.12%                      Y11 – 90.29%

Whole School – 89.13%

## **Wisepay**

Please could parents / carers remember to top up their child's Wisepay account to enable them to purchase their lunch. Please can students also remember to bring their Wisepay cards as this helps to keep the lunch queue moving.

If a student has any difficulty in purchasing their lunch, for example insufficient funds or damaged / forgotten card, please can they go to Student Reception who will be able to assist them and ensure they are able to purchase some lunch.

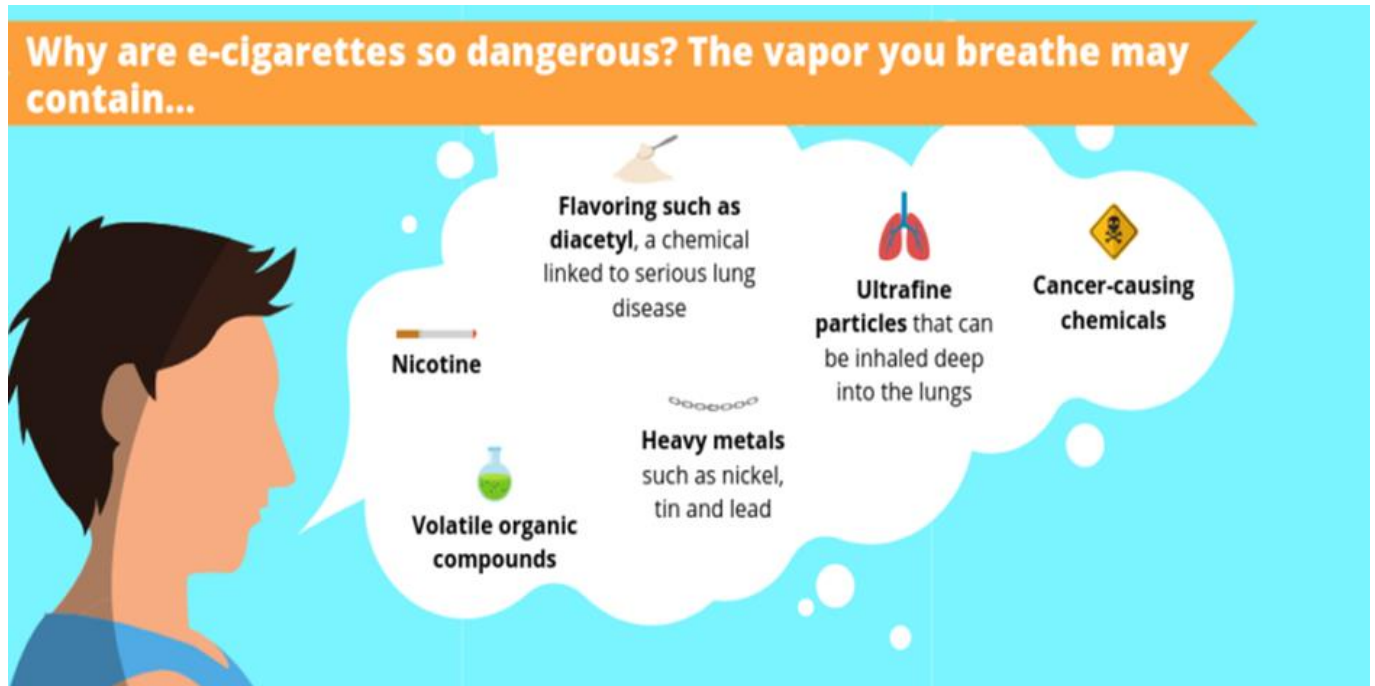
If you purchase any items on Wisepay i.e. ties, badges or stationery, students will need to collect these from Student Reception once the payment has been received. Revision guides that are purchased need to be collected by the student from their subject teacher.

## **Safeguarding**

Next week we will send out the full report from the Childrens commissioner prior to the Safer Internet Day which is on 8<sup>th</sup> February 2022. I have included a summary sheet of the full report in this week's bulletin.

## E-Cigarettes/Vaping

There is an increase nationally of teenagers vaping. Please see the poster for details on the dangers e-cigarettes.



## Harmful Sexual Behaviour

A reminder of our school key message linked to Harmful Sexual Behaviour:



## Job of the Week

Every week we will be sharing information on a different type of career.



OLD BUCKENHAM  
HIGH SCHOOL

*Be the best we can be*

# Advertising Copywriter

Working with other creatives, advertising copywriters use their excellent writing skills to create and deliver imaginative advertising campaigns for their clients.

Although copywriters come from a range of backgrounds, creativity and the ability to write well are key requirements.

## Routes into the industry

- A university degree in one of the following subjects:

Creative Advertising  
Communication or Media Studies  
English  
Journalism  
Public Relations

- A foundation degree or a higher national diploma like the UAL Level 3 Extended Diploma in Creative Media Production and Technology
- From 2023, a T Level in Media, Broadcast and Production will be offered.

## Skills

- The ability to write good, clear copy in a variety of styles, with accurate spelling and grammar
- Logic, creativity and imagination
- Commercial awareness with the ability to understand the target audience
- The resilience to accept criticism of your work
- An interest in popular culture, new trends and styles

## Subjects

English and Creative Media.

## Salary\*

Starts from around £20,000 and rising to in excess of £90,000 for Senior Creatives and Creative Directors.

## Jobs

The field is expected to grow by 1% by 2025.

\*In 2019 the national average salary was £30,378

This figure will go up or down, depending on your location.



**THE THINGS I  
WISH MY  
PARENTS  
HAD KNOWN**



**YOUNG PEOPLE'S ADVICE  
ON TALKING TO YOUR  
CHILD ABOUT ONLINE  
SEXUAL HARASSMENT**

## Summary of top tips

- 
- 1** Start speaking to your children about these issues before you first give them a phone or set up a social media account. This might feel very early, but you can do it in an age-appropriate way. It is better to be proactive than reactive.

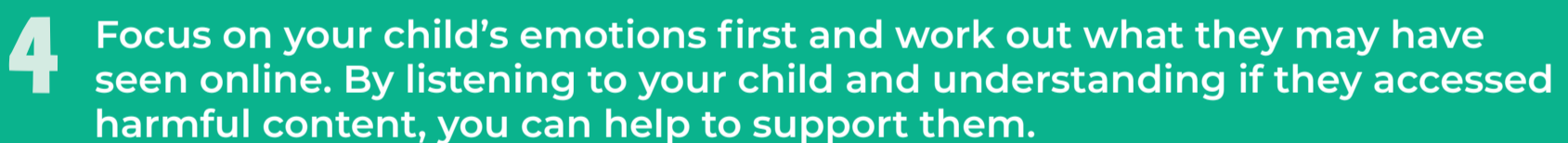
**Don't wait for the crisis.**

- 
- 2** Keep the conversation going. Adapt to your child so you can support them.

**Don't mention it once and think that's enough.**

- 
- 3** Keep it casual, find everyday opportunities to speak about these issues with your child – like when you're walking or driving somewhere.

**Don't scare them with 'the big talk'.**

- 
- 4** Focus on your child's emotions first and work out what they may have seen online. By listening to your child and understanding if they accessed harmful content, you can help to support them.

**Don't punish them before listening and understanding.**

- 
- 5** Keep curious about the technology your child is using and stay up to date with platforms, apps and trends.

**Don't pretend these issues don't exist**

- 
- 6** Set boundaries. Use filtering tools to limit your child's exposure to harmful content. Decide on rules and boundaries with your child, allowing them to input. Explain which monitoring and filtering tools you are using, and why.

**Don't leave your child unsupervised online without using monitoring and filter tools. You wouldn't leave them alone in the park or the street, apply the same level of protection online.**

# THE THINGS I WISH MY PARENTS HAD KNOWN

## YOUNG PEOPLE'S ADVICE ON TALKING TO YOUR CHILD ABOUT ONLINE SEXUAL HARASSMENT

**Our full guide shares information  
on each of these topics:**



### Pornography

"I feel like the best time for parents to have a conversation about porn is a bit earlier for boys than girls. From my experience of male friends, they definitely see porn earlier than my female friends. I mean like early: year 4, year 5, year 6."



### Sharing nudes

"A lot of parents might just blame the child instantly instead of trying to support them."



### Sexualised bullying

"A lot of my male friends feel like they can't do certain things as they feel like they will get bullied, or even worse than bullied... they feel like they're in danger if they don't do a certain thing."



### Editing photos and body image

"It is still as damaging ... you know it's edited, you still wanna look that way. It is hard to get over the fact you don't look that way. It's hard to navigate through that."



### Peer pressure

"You see people like those comments and get lots of likes. It makes you think to post more comments like that, you see people like them so you start posting more hateful comments."

All quotes from young people aged 16-21

All quotes from young people aged 16-21