**6 Mark question.**

**Explain two functions of the cardiovascular system that enables a long distance cyclist to perform well in their event. (6 marks)**



This response gains four marks. In both cases the ‘missing’ marks are for the impact on performance. ‘To perform optimally’ was considered too vague for credit, something a little more specific to show what this meant was required, e.g. delayed fatigue or to prevent the cyclist overheating and the impact this could have.

1. **Highlight were this candidate gained the four marks.**
2. **Now write your own answer adding in what they have missed to gain the full 6 marks.**