

*Be the best we can be*

	MON 9 <sup>TH</sup> MAY	TUES 10 <sup>TH</sup> MAY	WED 11 <sup>TH</sup> MAY	THUR 12 <sup>TH</sup> MAY	FRI 13 <sup>TH</sup> MAY
Assembly	Y11 Mental Health		Y11 Personalised Exam Timetable		Y7 & 8 Allotment
Breaktime Clubs	Accelerated Reader Reading & Quizzing In the Library	Accelerated Reader Reading & Quizzing In the Library	Accelerated Reader Reading & Quizzing In the Library	Accelerated Reader Reading & Quizzing In the Library	Accelerated Reader Reading & Quizzing In the Library
Lunchtime Clubs	Library Open Lunchtime 1&2  Choir Group Room 20  Allotment Club Lunchtime 2	Library Open Lunchtime 1&2  Random Acts of Kindness Club Lunchtime 1 Room 5	Library Open Lunchtime 1&2  Y8 Homework Club Room 10 1.10-1.40	Library Open Lunchtime 1&2  LGBTQIA+ Room 3 Lunchtime 1	Library Open Lunchtime 1&2
After School Clubs	All Years Cricket Club 3.15-4.15			All Years Tennis Club 3.15-4.15	Y11 Clay Club 3.15-5.00
Events	German Speaking Exams	German Speaking Exams  Careers Interviews	German Speaking Exams  'This Girl Can' 8.45-10.40	French Speaking Exams  HPV Vaccinations	French Speaking Exams

### Parents Forum:

Due to low attendance previously, we would like to capture parent feedback via an online form – linked below. This will replace the calendared forum on Monday 9<sup>th</sup>. Please click [here](#) to access the form. It will take no longer than 10 minutes to complete.

### 'This Girl Can' Physical Activity and Body Confidence Project

On Wednesday 11<sup>th</sup> May, a group of year 8 students will be participating in the 'This Girl Can' Physical Activity and Body Confidence Project with Mrs Fearn.

### Wednesday 18<sup>th</sup> May - Year 10 Preparing for Exams afternoon

Students will be off timetable for the afternoon to take part in this drop-down event prior to their Year 10 mocks which will begin after the half term w/c 20<sup>th</sup> June. There will be a rotation of three sessions throughout the afternoon:

1. How you learn - the mysteries of the brain
2. Wellbeing - looking after your mental and physical health (Choices will be offered to students on a first come basis next week)
3. Effective revision - strategies that work

## Years 8,9 and 10 - HPV Vaccinations 12th May 2022

Just a reminder that the portal to consent or decline to your child receiving the HPV Immunisation will close at Midday on 11th May.

To help the day run smoothly, the Immunisation Team have asked if students could wear a short sleeve shirt and to have some breakfast. **Students are required to wear a face mask, unless exempt, while they are having their vaccination as this is classed as a healthcare setting.**

Please contact the Immunisation Service on 0300 555 5055 if you have any queries.

## Online Safety

Please find attached information on what parents and carers need to know about "Group Chats".

## Star of the Week

- Y7 KJ S-M 7Y – For a fantastic start at OBHS and achieving so much already.  
Y8 Sophia R 8Y – For having an excellent positive week.  
Y9 Charlotte S 9R – For having an excellent positive week.  
Y10 Toby E 10G – For making a positive start to life back at OBHS  
Y11 Matilda L 11R – For showing resilience and a positive attitude this week.

## Friends of Old Buckenham High School

We are pleased to announce that the Friends of Old Buckenham High School have organised a clothes and shoe collection with Bag2School in order to raise funds once again.

**Bag2School** will be collecting from Old Buckenham High School on **Tuesday 24<sup>th</sup> May at 9.00 am**. Please bring your bag (or bags!) to school reception before this day and help us have a really good collection.

## Accelerated Reader

KS3 students should quiz on their reading books within two days of finishing. To do this, go to: <https://ukhosted90.renlearn.co.uk/6699020/> Click 'I am a student'. Log in.

Your username is usually the first letter of your first name, followed by the first 4 letters of your surname. Eg. Joe Bloggs is JBLOG Your password is abc. If you have any problems, please email or speak to your English teacher.

## Year 11 Guided Study and Intervention Sessions

	Monday	Tuesday	Wednesday	Thursday	Friday
Other	Chemistry Intervention (invite only) Room 23LA	German Intervention (invite only) Room 37			
Maths Intervention (invite only) 12.40-13.10			Foundation	Higher	
Lunch Time/ILT (Pre arranged only)			History 12.40 – 13.10 Room 11	French and German Room 36	Food Tech Room 20
Afterschool (3.20-4.20)	PE Room 7	Geography (week B only) Room 27	Sports Studies Room 24	English Room 7	

## Attendance

Y7 – 94.2%

Y8 – 92.0%

Y9 – 93.6%

Y10 – 91.1%

Y11 – 91.8%

Whole School – 92.6%

## Lost Property

Pair of reading glasses left in Room 22 (black and tortoiseshell)

## Job of the Week:



**OLD BUCKENHAM HIGH SCHOOL**  
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# Dental Hygienist

**Dental Hygienists** offer advice, information and treatments to prevent and treat tooth decay and gum disease.

**Skills**  
**Day to day tasks:**

- Remove plaque
- Clean and polish teeth to help prevent gum disease
- Apply fluoride and sealant treatments to reduce decay
- Give local anaesthetic under the supervision of a dentist
- Apply temporary coatings and sealants to protect teeth
- Encourage and demonstrate tooth brushing and flossing
- Sterilise equipment
- Check and maintain patient records

**Subjects**  
Science and Mathematics. You will need 5 GCSEs at grades 9 to 4 (A\* to C), or equivalent, including English and Maths.

**Salary\***  
Starting salaries for dental hygienists working in the NHS are typically between £24,907 and £30,615. Earnings for experienced hygienists and those with a private practice will be higher.

**Jobs**  
Jobs in this sector are expected to rise by 6% by 2025.

**Routes into the industry**  
You can get into this job through:

- A university course
- An apprenticeship

To work as a dental hygienist, you must be registered with the General Dental Council (GDC). To do this, you must complete one of the qualifications approved by the GDC.

\*In 2020 the average salary was £31,461, up 3.6% on 2019. Annual pay estimates are largely unaffected by Covid-19.