



Making the most of the Easter Holidays

You've worked hard to develop these Habits, now use them!

Independence: self-motivation, self-direction and organisation are all essential. Get up, get on, get it done!

Ambition: look for every learning opportunity there is. Set yourself challenges and work to achieve them.

Creativity: learning will look and feel very different over these next few weeks, tackle tasks in your own way, be creative in your approaches. Wonder, explore, investigate!

Collaboration: working together might look very different during this time, but your teachers are all still here for you via email and want to work with you. Support one another – use technology to your advantage!

Resilience: probably the most important Habit of all. Work hard to maintain relationships with others; stick with difficult situations and learn to tolerate uncertainty.



Having been working from home for the past 2 weeks, we know how important it is that the Easter holidays feel like a break from schoolwork. It is important that you are able to enjoy some time with your family, or spend it doing activities you find enjoyable and different. It is so important that you continue to follow the government guidelines over the holiday period too which means that you won't be able to be out and about in the way you usually would during a holiday. We have put our heads together as a staff to come up with some activities which might help to keep you entertained.

We would love to hear about the things you get up to over Easter. Send us some pictures to office@obhs.co.uk – we'd love to award some Habit cards.

A special thanks to Ms Clark, Ms Woods, Ms Hickey, Ms Wright and Ms Daynes who shared a number of the activities you will find here.

Life After Lockdown

Right now, it's probably so easy to think of all the things you would love to do...but can't! Funny thing is that usually when you can go and do exactly what you want, you can't think of anything! Make a 'Life after Lockdown' jar. Every time you think, 'I wish I could just...' write it onto a slip of paper and pop it into your jar. It will give you thinks to look forward to!



Random Acts of Kindness

1. **Thinking of you:** There are a lot of people who will be feeling really isolated at this time. Why don't you make a pretty Easter card, or write a letter to someone who is on their own in your local community. People living in the local care homes would love to receive a card to let them know someone is thinking of them. You could send a picture to brighten their day. You don't have to tell them all about your life – talk about the weather, tell them a little bit of what's been going on in the world – the positive bits!
2. **Thank you!** Why not let some of the key workers out there know that you appreciate the work they are doing? Send a letter, a card, or a gift to the doctors, nurses and carers in your local community; leave a little gift and a note for the bin men. They are risking their health daily by going to work in these essential roles, so knowing you appreciate the work they do would brighten their day.
3. **Look after each other:** During this period of social isolation, it's more important than ever that we are kind, understanding and help each other out. Think about the people in your home. Do at least one nice thing or help each person in your home today.
 - a. What is the person finding difficult?
 - b. What do they like?
 - c. What makes them happy?
 - d. What can you do safely?



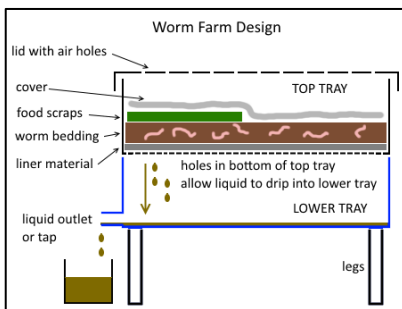


Be at one with nature

1. **Build a Bee Hotel:** *“Our bees are facing an unprecedented crisis. They’ve lost much of their natural habitat in the past 60 years – including 97% of wildflower-rich meadows. And they’re under assault from pesticides, intensive farming and climate change. But by creating bee-friendly spaces where we live, we can start to replace and restore some of this lost habitat and help Britain bloom for bees.”* This website will talk you through how to build your very own bee hotel and help out a species in need: <https://friendsoftheearth.uk/bees/make-a-bee-house>



2. **Build your own Worm Farm:** *“When worms tunnel through the earth they help plant roots get greater access to water and air and the nutrient-rich waste that they leave behind also helps the plants to grow. Worms are fantastic natural recyclers that can convert food scraps from the kitchen – otherwise destined for the landfill site – into compost for the garden or vegetable patch.”* Why not set up your own worm farm and observe the work them closely. What can you learn about them? <https://www.persil.com/uk/dirt-is-good/games/how-to-make-a-worm-farm-for-kids.html>



3. **Spring Wall Hangers:** Pick up a range of sticks, twigs, leaves, flower heads etc. from our in your garden or when out on your daily walk. Create a spring wall hanging which represents what spring means to you. If you want more design ideas, type in ‘kids garden wall weaving’ into a search engine and see what you can find.



4. **Nature pictures:** There is much beauty to behold in the world around us, especially in the area that we live in. Take your phone or a camera out into the garden, or out on your daily walk. Take a range of shots of the natural beauty you come across. Landscape shots of fields and woodland; close up shots of insects etc. Build your own collage to remind you just how wonderful the world is around you.
5. **Species Tree:** Create a species tree (or hierarchy/ chain) of all of the insects, creatures and birds that live in your garden/ local neighbourhood. You could draw and label them or take photos while out on your daily walk. What do they feed on? Is it one of the other species in your tree? What is their habitat (home) like?



Get Creative

There’s never been a better time to get creative and crafty. If you are running out of ideas, how about trying one of ours below.



1. Decorated Easter Eggs: Brighten up a corner of your room by hanging decorated eggs onto tree branches to create your own Easter tree. First you will need to hollow out the eggs (this will make sure that you can keep them forever)<https://www.youtube.com/watch?v=4dtAkCaZaak>. Once you have done this, you can get to work decorating them. There are some brilliant ideas here: <https://www.youtube.com/watch?v=qUnBDUtspbk>
2. Re-use and Recycle: Shrink your empty crisp packets. How about making them into a keyring, or some funky jewellery. <http://www.planet-science.com/categories/experiments/chemistry-chaos/2012/01/shrink-a-crisp-packet.aspx>

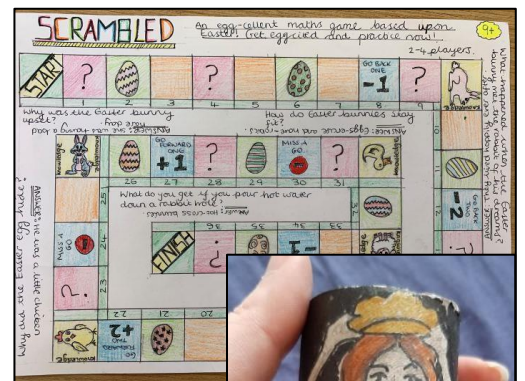


3. Easter Fashion: Are you a budding fashionista? Do you know your pin stripes from your florals? Well these one’s for you. Your task is to make an Easter crown or bonnet. *An Easter bonnet is any new or fancy hat worn as a Christian head-covering on Easter, by tradition. It represents the tail-end of a tradition of wearing new clothes at Easter, in harmony with the renewal of the year and the promise of spiritual renewal and redemption.*

Why not ‘go green’ – try to make your Easter crown or bonnet out of recyclable ‘rubbish’.

4. What’s Your Vision: Create a vision board which captures everything you want this year to be – what you want this year to be full of, how you want to feel, who you want in it with you etc. Print out pictures from Pinterest or Google and stick them to a board or large piece of paper. Once complete, hang it on the fridge or somewhere where everyone in the family will see it often.
5. Express yourself: Write a short story with the title 'Easter Extravaganza ' Your story can be no longer than 500 words. Or, if you have access to the internet, why not let this website generate a title for you: <https://blog.reedsy.com/book-title-generator/mystery/>. Stick to the 500 word limit and send us in your stories!
6. Stop Motion Films: There are loads of free apps out there which will let you create your own Stop Motion Films – get creative and have fun with it! Send us in your best film. <https://freeappsforme.com/stop-motion-apps/>

7. Family Board Games: Why not create your own. You could base it on one which already exists like Snakes and Ladders and personalise it to your family, or a family holiday you once had. Things like ‘Tom’s left his socks on the stairs again, you slip on your way down...go back 3 places!’
8. Family Portraits: Why not get the whole family involved, set up a live drawing class in your lounge. Everybody gets one piece of paper, a pencil and a rubber. Decide on who is drawing who and start the timer. Perhaps start with 30 minutes and review to see how you are getting on. Don’t reveal your portrait until it is finished. Whose is the most life like or accurate? Whose is the most creative? If you have play-doh or modelling clay, you could try to create models instead.



9. Literary Loo Roll Challenge: Why not make use of the seemingly useless! Design your literary character on a loo roll – you could create a whole cast. Easy, quick and fun!





Who will be the next MasterChef?

1. **Build the Best:** Why don't you challenge yourself to create the next big thing in the food market? This could be bigger than the Big Mac! Better than the stuffed Crust! Your challenge is to design, market and make (with permission!), the best new...sandwich? Pizza? Fruit cocktail? Chocolate treat?

- a. Come up with a concept, a name and a target market. Design your poster. If you want to, you could record a video or radio advert for this new product – I mean you need some customers!
- b. Create your recipe. Nobody is going to let you near a kitchen until they know what ingredients you plan on using. If your making the next best pizza, you might want to look here

<https://www.bbcgoodfood.com/recipes/no-yeast-pizza-dough> for an easy pizza dough recipe.

- c. Create your product packaging. Make sure it's clear what your product is and that there is a clear connection with your poster.
- d. Create your product! Make sure you have permission from the keeper of the kitchen (whoever that may be!) and that they are happy with what you are doing.
- e. Taste test: select your panel of taste testers and see what their feedback is. How many marks out of 10 would they give it for flavour? Texture? Smell? Appearance? Product Name? Marketing?

If someone else in your house fancies joining in, why not turn it into a competition? Have your own Old Buck Bake-Off!

2. **Lend a Hand in the Kitchen:**

- a. Maybe the Easter holidays is the perfect time for you to offer your help around the house. Why don't you make breakfast, lunch or dinner for yourself and your family instead of them making it for you. Why not try out a new recipe here: <https://www.tasteofhome.com/collection/easy-recipes-for-kids-to-make-by-themselves/>
- b. How about designing a 3 course meal in the theme of your favourite book or film. You could watch an episode of *The Great British Menu* for inspiration.
- c. Store Cupboard Soup! Soup is a great thing to make to use up all of the leftovers. Why not give it a go? Make a delicious soup for the family from the ingredients you have on your shelves and in your cupboards.
- d. Restaurant Reviewer: Why not write or film your own review. You could review some food you or someone else has made, or watch a food-related TV show and review that! For some inspiration, have a look at these reviews here: <https://www.teenvogue.com/lifestyle/food>





Take care of your mind, body and soul

1. Jess Gillam Virtual Scratch Orchestra: Jess Gillam (BRIT award winning saxophonist) is launching a virtual orchestra! “The concept is quite simple. I will upload parts for different pieces, you video yourself playing the part that suits you most, send it in and then I’ll collate all of the videos to make a Virtual Orchestra and I’ll play along live. The first piece will be Where Are We Now by David Bowie.”

<http://www.jessgillamsax.co.uk/virtual-scratch-orchestra/>

2. Home Manicure: with all of the extra washing, your hands are probably feeling a bit dry and looking far from their best. Why not set up a home manicure bar to pamper yourself and your family? You could make your own hand scrub to give your fingers a real treat: <https://www.stylecraze.com/articles/simple-homemade-hand-scrubs/>.

3. A Trip to the Salon: As you won’t be able to make your usual trip to the hair salon, why not make your own hair mask and give your hair a real treat. There might be someone else in your family who would love you to pamper them to. Try one of these diy hair masks:

<https://www.goodhousekeeping.com/beauty/hair/g29627145/diy-hair-masks/>



4. Listen to a podcast: If you’re not already hooked, you should try them. Podcasts are great! You can find them on pretty much any topic, there are thousands of them including true crime, fun science, film reviews, football chat, comedy. Have a browse and find something you like

<https://www.sheknows.com/parenting/articles/1134797/best-podcasts-teenagers/>

If you are finding it tricky to sleep, lying and listening to a podcast (rather than watching a screen) can be



5. Popcorn at the ready: Why not treat yourself to watching a screening of a play put on at The National Theatre? The National Theatre are streaming free plays every Thursday: <https://www.nationaltheatre.org.uk/nt-at-home> really relaxing.

6. Start an online book club: You might not be able to discuss your latest reads, so why not create an online bookclub! You could create electronic posters, choose your weekly book, and set up a weekly chat slot (video, text, social media) to review the book and choose the next one. Online books are available from the library here: <https://www.overdrive.com/apps/libby/>

7. Become the next Joe Wickes: Joe Wickes’ PE lessons have been a great success, why not try creating one of your own for your friends to try. You could video it and share it securely with them or write down the activities and timings. Remember to include warm-up and cool-down activities. There are 50 bodyweight exercises you could try here:

<https://greatist.com/fitness/50-bodyweight-exercises-you-can-do-anywhere#full-body>

8. Create your own scavenger hunt: A great way to keep your mind and body busy would be to create a scavenger hunt for somebody else in your house or ask them to set one up for you. The cards on the final page of this booklet help you to set up a scavenger hunt (or you could create your own). Firstly, work out the answers to the clues. Copy or cut out the cards and hide them to form a scavenger hunt. Now invite someone to try it out. What is going to be their prize? Could you make a gift for them?





Go on a virtual adventure

There are loads of places you can visit virtually – all at the click of a button. Why not try exploring some of the suggestions below.

1. Around the world in 14 days:

- a. Have you ever wondered what the Great Wall of China looks like? See it here:

<https://www.thechinaguide.com/destination/great-wall-of-china>



- b. Maybe Yellowstone National Park is more your thing? See it here:

<https://www.nps.gov/yell/learn/photosmultimedia/virtualtours.htm>

- c. What about testing out your geographical knowledge by playing the GoogleEarth game. The game drops you somewhere in the world. All you have to do is figure out where! What clues can you find in the area around you? <https://www.geoguessr.com>



- 2. Underwater Worlds: The holidays might usually be about trips to the Sea Life Centre. How about watching the Beluga Whales on the live webcam from Georgia aquarium instead? <https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/>

- 3. Soak up the Culture: Perhaps you'd love the chance to be at a museum right now, learning all about the world around you and its history. The great news is that there are 12 museums you can visit virtually, all right here:

<https://www.google.co.uk/amp/s/www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours%3famp=true>

Experiment with Science

- 1. Bill Nye the Science guy: There are some great ideas of Science demos you can try at home on Bill Nye's website here: <https://www.billnye.com/home-demos>
- 2. Make your own grass heads: In this challenge you will be making grass heads and using your science experimental skills to undertake a growing experiment. Watch the step-by-step video below to find out how to make a grass head: <https://www.youtube.com/watch?v=TX9zj34lItk>

Once you have made your grass head, you need to set up your experiment. Cut out /put a shape on one half of the head. This is the shade experiment.

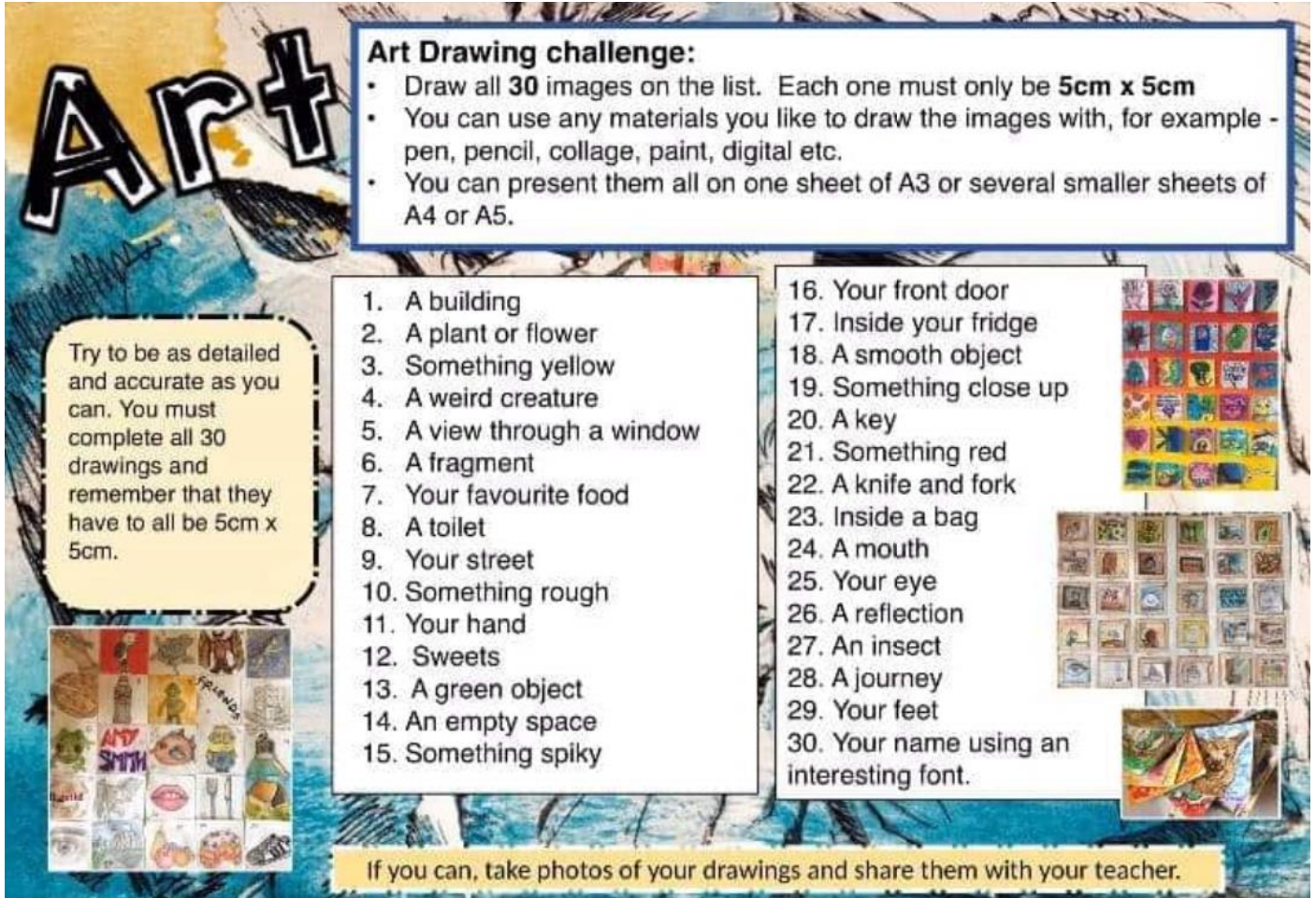
- You should keep a record of your observations each day as your grass head grows.
- Create a table like the one below.
- You should aim to record over a 14-day period.
- Record observations such as number of seeds that have germinated, the and length and colour of the shoots.
- Make sure you keep your grass head well-watered.



Day	Grass head hair in Sun (mm)	Grass head in shade (mm)
1		
2		



Art Easter Challenge






Art Drawing challenge:

- Draw all 30 images on the list. Each one must only be 5cm x 5cm
- You can use any materials you like to draw the images with, for example - pen, pencil, collage, paint, digital etc.
- You can present them all on one sheet of A3 or several smaller sheets of A4 or A5.

Try to be as detailed and accurate as you can. You must complete all 30 drawings and remember that they have to all be 5cm x 5cm.

1. A building
2. A plant or flower
3. Something yellow
4. A weird creature
5. A view through a window
6. A fragment
7. Your favourite food
8. A toilet
9. Your street
10. Something rough
11. Your hand
12. Sweets
13. A green object
14. An empty space
15. Something spiky
16. Your front door
17. Inside your fridge
18. A smooth object
19. Something close up
20. A key
21. Something red
22. A knife and fork
23. Inside a bag
24. A mouth
25. Your eye
26. A reflection
27. An insect
28. A journey
29. Your feet
30. Your name using an interesting font.

If you can, take photos of your drawings and share them with your teacher.





Scavenger Hunt Clues

Figure out the answers, cut them up, hide them. You're ready to start the scavenger hunt.

<p>CLUE #1</p> <p>These things are quite useful if you wish to eat soup. Use two of them to play tunes. It is not a fork or a knife you are looking for... Find your next clue in a drawer with the ____!</p>	<p>CLUE #2</p> <p>Perhaps you have worked up an appetite from all this searching? Is it food you now crave? Maybe you should heat up a snack.... The next clue is in the ____!</p>
<p>CLUE #3</p> <p>This thing is quite useful for brushing, but please don't use it on your hair. Maybe you forget to brush with it if you are in a rush. It has a handle and bristles... The next clue is hidden near your ____!</p>	<p>CLUE #4</p> <p>You might open these up on warm spring days, But they will be shut tight when the temperature is zero. It is something you look through to see outside. You'll find the next clue on a ____!</p>
<p>CLUE #5</p> <p>Perhaps you need more than a flannel to get clean... This looks like a case of rub-a-dub-dub! Perhaps rubber ducky can find the next clue. It just might be in the ____!</p>	<p>CLUE #6</p> <p>This thing just lies around on the floor, If it were a person, it might be called a slug. Instead you might wipe your feet on it. The next clue can be found near the ____!</p>
<p>CLUE #7</p> <p>I can take you places you have never seen, but first you have to type a password on to the ____!</p>	<p>CLUE #8</p> <p>After all this work, you might need to rest. Are your feet telling you "Ouch?" This thing has cushions and is a great place to sit. Find the last item somewhere near the ____!</p>



Doodle/ Diary Pages

We thought you might like some space to keep a little track of what you've been up to over the holidays, to scribble down your thoughts, or doodle as you plan your days and activities.





Doodle/ Diary Pages

We thought you might like some space to keep a little track of what you've been up to over the holidays, to scribble down your thoughts, or doodle as you plan your days and activities.



