



Football



Introduction

I have always had a love for football, ever since I was really young. Whether I was playing it or watching my favourite team, the drama and suspense is amazing. Whilst at primary school I attended the after school football club and was also a member of the school team, captaining it on a number of occasions. It was at this time I also joined Harling Colts. I then moved to high school and was keen to join the school team; and received my "colours" for Year 7 although unfortunately there was no team in Year 8, which was disappointing. I continued to play for Harling until the team "folded" at the start of this year; and I now play for Tasburgh Utd U14's in the Premier Division in my age category. I consider myself a versatile player; and that I help the team in many different positions. However, if I had to state a preference, I would say that my favourite position to play is striker, although I now also enjoy playing as a right-winger/midfielder.

Skills and techniques (Sport = Football)

In football there are many different skills used when playing, but these can be broken down into different types. I have used the following table to show the types of skills:

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| Passing | Long pass Short pass Through ball Lofted pass Back heel One-two pass Rabona Header |
| Tackling | Slide tackle Standing tackle Two-footed tackle Block tackle 50-50 tackle (shoulder to shoulder) |
| Shooting | Finesse shot Chip shot Swerve shot Top spin shot Back spin shot Power shot Long shot Low driven shot Volley Half volley Bicycle kick Header Toe shot Rabona |
| Dribbling | Cruyff Turn Roulette Ronaldo chop Step-over Speed dribble Change of pace dribble Rainbow flick Body fairs Rabona |