

# Making a revision timetable



There is an old Chinese saying: 'The best time to plant a tree was 20 years ago. The second best time is now'

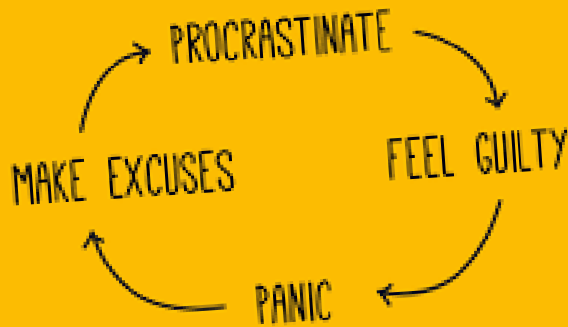


When is the best time to begin preparing for your exams?  
The answer is 'as soon as you've started your course'.  
But as you have already passed that moment, the next best answer is 'today'!

**A YEAR FROM  
NOW  
YOU WILL  
WISH  
YOU HAD  
STARTED  
TODAY**

What's stopping me from preparing for my exams?

### THE PROCRASTINATION CYCLE



In a nutshell:

## PROCRASTINATION

(The art of putting something off until 'later'.

If you can learn how to confront it and win, you are learning not only a great skill for revising but also a great skill that will serve you well for the rest of your life.



OLD BUCKENHAM  
HIGH SCHOOL

## How my timetable might look?

### Week 1

Time	Period 1	Period 2	Period 3	Period 4	Period 5	Period 6	16:00 – 17:00	17:00 – 18:00	18:00 – 19:00	19:00 – 20:00	21:00 – 22:00	22:00 onwards
Day												
Mon	History	biology	English	English	ICT		Maths					Bedtime – No white lights from tablets, phones or consoles
Tues	Physics	Classics	Classics	ICT	English							
Weds	Core PE	Art	Art	History	History		History	History				
Thurs	English	Maths	Maths	Spanish	Art		Chemistry					
Fri	Maths	ICT	Spanish	English	Maths		Classics					
Sat	Time:	Time:	Time:	Time:		Time:	Time:	Time:	Time:	Time:	Time:	
Sun	Time:	Time:	Time:	Time:		Time:	Time:	Time:	Time:	Time:	Time:	
	ART	ART		English	English							

### This person:

- Has set aside chemistry afterschool as they have not had Chemistry in normal lesson that week.
- 2 hours of History – 25 minute blocks with a break
- 1 hour of maths
- 1 hour of classics
- No revision on a Saturday
- 2 hours on Sunday morning to complete Art work
- 2 hours in the afternoon for English
- This person prefers revision straight after school – You may need a break – You are all different!
- Revision sessions will be available period 6 – Fill in the ones you want to attend in that column.

- Start with writing in your school lessons. The 3 you have a day.
- Then set yourself time after school and weekends for active revision
- Spread out your revision
- Remember English is double weighted (Literature and Language) so you need to revise English double the amount of other subjects.
- Remember Science is double weighted or triple weighted. So you need to revise Science double or triple the amount of other subjects.
- You DO NOT need to fill in every box
- **Make some time to relax**



# How often should I revise?

Every student is different. There is no right or wrong answer to this. But here's what I suggest over 2 weeks as a minimum. As your exams grow closer, much of the homework you will be set will also be revision.

You can increase to amount of revision time outside of school hours, to suit your needs as the exams loom.

Subjects	Minimum time spent revising
English	2 – 1 for language and 1 for literature per week
Maths	1 hour per week
Science	2 hours for combined, 3 for triple
History/ Geography	1 per week
Computing	1 – You will have new content for homework on top
MFL	1 - plus vocab revision on top
Options subjects	1 hour each spread over a 2 week period



**Task:** Watch the video below – Some great advice on revision timetables, from someone your age.



<https://www.youtube.com/watch?v=PzcV4aOB8bE>

7:02

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