

Bulletin

19th January 2026



OLD BUCKENHAM
HIGH SCHOOL

STUDENT

Week B

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Community



	Mon 19 th Jan	Tues 20 th Jan	Weds 21 st Jan	Thurs 22 nd Jan	Fri 23 rd Jan
Assembly	Year 11	Year 7		Year 8 and 9	Year 10
Lunchtime Clubs	KS3 Art Club Rm 4 Uno Club Rm 26 Music & Drama Yellow Tie Rm 35 Language Film Club Rm 36 Fishing Club Rm 38 Week A Only <i>Allotment Club After February Half Term</i> Mindfulness Rm 16 Y11 History Exam Booster Sessions Week A Rm 11 Week B Rm 10 KS4 Maths Revision Rm 6 KS4 Quiet Space Rm 8	LGBTQ+ Allies Rm 6 Games Club Rm 22 Girls Yoga Rm 26 Choir Rm 30 Yr 7 and 8 Football MUGA KS4 English Lit Revision Rm 17 KS4 Quiet Space Rm 8	Maths Watch Club Rm 6 Craft Club Rm 24 Music & Drama Red and Blue Tie Rm 35 Yr 7-9 Girls Football MUGA KS4 GCSE Art Club Rm 4 KS4 Quiet Space Rm 8	DofE Drop in/sessions Rm 6 Music & Drama Green Tie Rm 35 Yr 9 Football MUGA Year 11 Science Revision Rm 21 KS4 GCSE Art Club Rm 4 KS4 Quiet Space Rm 8	Dungeons and Dragons Club Rm 19 Uno Club Rm 26 Yr 10 Football MUGA KS4 GCSE Art Club Rm 4 KS4 Quiet Space Rm 8
After School Clubs		Y11 Additional English Lesson Rm 14 3.15 – 4.15	Y10 and 11 GCSE PE Self Study Session Rm 20 4.30 Finish Year 11 Drama Scripted Rehearsals 14 th , 21 st and 28 th January only 3.15 – 4.30 Rm 35	<i>All Yrs Netball Cancelled until further notice</i> Y11 French Revision Rm 37 4.30 Finish Y11 Additional Foundation Maths Lesson Rm 7 / Hall 3.15 – 4.15	Clay Club Rm 27 5.00 Finish KS4 Computing Revision Week A only 3.15 – 4.30
Events					Chapel Green Week A 1.35pm Week B 2.00pm



I am writing to inform you that I have recently published a new guide, [What I wish my parents or carers knew: A guide for parents on managing children's digital lives](#).

Supporting children's safety is a shared responsibility between families, schools and wider society. For parents and carers, this responsibility has become increasingly complex as children's lives are now deeply intertwined with the digital world. Many parents face difficult decisions about how to balance protecting children from online harm with enabling access to spaces that are now central to learning, socialising and play.

The last time I published a guide like this, The things I wish my parents had known: Young people's advice on talking to your child about online sexual harassment, in December 2021, it was to help parents and carers navigate difficult conversations about sexual harassment online. This guide is different in scope, in recognition of the complex, rapidly evolving landscape in which children – and parents – are navigating. It focuses on the challenge of managing children's everyday online habits.

This guide was written with the direct involvement of children in England. It is a reflection of their views. My office visited schools to speak to teenagers, and spoke to my Youth Ambassadors and Youth Special Educational Needs and Disabilities (SEND) Panel to get their expertise on what works and what doesn't work between parents or carers and children in the 21st Century.

When I speak to children about what they would do differently when it comes to being online, with the benefit of hindsight, I ask them: would they give a smartphone to their own teenager? Almost unanimously, they tell me no. They want to be protected from it as long as possible.

As educators and leaders, you play a vital role in supporting parents and carers to navigate these challenges.

Responses to my recent school survey show just how concerned school leaders are about their children's safety online, despite most already taking steps to limit or ban devices from the classroom. Children are clear that they value firm, informed and protective boundaries when adults have concerns about the content they are accessing online.

As parents, carers, and educators, our job must begin and end with our children's care and safety. It's what they expect and what they want from you.

As one young person told me: "Don't be afraid to be firm... If you are worried [that] your child is seeing harmful content and you don't know what they're watching and it's affecting the behaviour, just take it that you know best – they don't."

I hope this guide will be a useful resource for your school community, and I encourage you to share it with staff and parents where appropriate.

Yours sincerely,

Dame Rachel de Souza Children's Commissioner

Parking:

Just a reminder that the landlord of the Gamekeeper public house, is more than happy for parents to park there from 2.30pm till 3.30pm if this would help with collecting students at the end of the day. All he has stipulated is the parking is not an all-day facility.

Lunch Cards:

Please could students be reminded to bring their lunch cards with them every day to assist with the smooth running of the Canteen queue.

Students who have forgotten their cards are still able to purchase lunch but will be asked to wait at the back of the queue as transactions take longer to process without the cards.

Replacement cards can be purchased on School Gateway and students who received free school meals can get replacement cards free of charge from Main Reception. Thank you.

Plea from Food Tech:

Once again, we are asking for any spare tubs for food tech, and a reminder that all students need to bring their own suitable container for practical lessons and if they do borrow a container, please can this be returned. Thank you.

PE and Sports Studies Sweatshirts:

GCSE PE and Sports Studies students can order sweatshirts to wear for PE lessons on the following link: <https://www.4sportsgroup.com/Old-Buckenham-High-School>.

Community

Chapel Green Volunteers:

Chapel Green will be visiting the school on Friday afternoons.

Week A students are:

Sonny F
Coby R
Bailey F
Sophie A
Priya P
Harry W
Olivia C

Meet in room 5 as soon as you have registered P3 and changed for PE (Year 9s).

Chapel Green Volunteers 2

P3 Every other Friday Week B at 2:15pm.

Register with your teacher first then come to room 5 at 2:15.

If a session has to be cancelled by CGS, I will email teachers on the day and the groups will be put back a week.

Your next session will be displayed on the poster in room 5 keep an eye on updates and changes to dates.

Volunteer Leaders are Coby R (9) Sonny F (9)-they will be at every session

Group 1	Group 2	Group 3	Group 4	Group 5	Group 6	Group 7	Group 8
Oscar C (7)	Larrisa L (7)	Jade M (7)	Calvin S (8)	Willow (9)	Chantel (8)	Alex M (7)	Skye 8Y
James O (7)	Jess H (7)	Daisy-May H (7)	Alfie D (8)	Maisie (9)	Grace W (8)	Henry W (7)	Sophie H 8Y
Katelyn N (7)	Freya K (7)	Travis G (7)	Reuben DH (8)	Abeel (8)	Ebony F (8)	Leo H (7)	Emma D (8)
Danni P (7)	Jess K (9)	Sophia T (7)	Olly W (8)	Rufus (8)	Lilly-Mae (8)	Elliot P (8)	Phoenix J (9)
Daisy Jane P (7)	Amber HG (9)	Tahlia H (7)	Coen W (8)	Ava (8)	Michael A (8)	Alyssa (8)	Isis S (9)
Alice S (7)	Molly F (9)	Sienna H (7)	Hunter I (8)	Jacob (8)	Layla J (8)	Tom A (9)	Austin D (8)
Yasmina (7)	Romey S (9)	Summer-Rose G (7)	Owen P (8)	Jack S (8)	Jasmine C (8)	Finlay S (9)	Olivia (8)
Shannon L (7)	Kyria L (9)	Sienna G (7)	Luke C (8)	Arthur W (8)	Harry W (9)	India W (9)	Georgia (8)
Effie D (7)	Millie W (9)	Jasmin G (9)	Preston (8)	Sonny W (9)	Hunter G (9)	Sienna (9) Layla M (9)	Evalee (8)
Natalie C (9)	Erin W (9)	Tosia G (9)	Leo P (8)	Dexter (9)	Jake M (9)	Harrison (9)	Josh D (8)
Sam G (8)	Jimmy W (9)	Kiera C (7) Harry W (8)	Jackson (8)	Henry B (8)	Harry E (9)	Faatima (8)	Masen W (9)

Ambition



Attendance:

12.01.26	Whole School	Year 7	Year 8	Year 9	Year 10	Year 11
Cumulative	93.55%	94.84%	93.08%	94.38%	92.10%	93.67%
Weekly	93%	92.51%	90.20%	94.81%	93.27%	93.01%

Weekly Attendance Raffle:

Year 7	Teddy A 7B Sienna G 7G
Year 8	Olivia P 8R Kaiden W 8G
Year 9	Autumn W 9B Charlie A 9B
Year 10	Annie D 10Y Austin M 10B
Year 11	Jasmine K 11R Jacob P 11R

Ambition

Attendance:



Easton College:

Academic
year 2025/26

Sport Academy

Taster Days

Train alongside our expert Sports Academy Coaches and get a feel for the Easton College athlete experience. Discover what it's like to train, learn and grow in our vibrant sports community. Take part in a practical session for your chosen sport and get hands-on experience in our gym.

October Half Term

Tuesday 28th October

- Rugby Activation 9am - 10am in the Gym
- Rugby Training Session 10am-12pm on the Pitch
- Individual Performers S&C session 10am-12pm in the Gym
- Golf S&C session 1pm - 2pm in the Gym
- Golf Range session 2pm - 4pm at the Golf Centre

Wednesday 29th October:

- Football 2pm - 5pm

February Half Term

Tuesday 17th February

- Rugby Activation 9am - 10am in the Gym
- Rugby Training Session 10am-12pm on the Pitch
- Individual Performers S&C session 10am-12pm in the Gym
- Golf S&C session 1pm - 2pm in the Gym
- Golf Range session 2pm - 4pm at the Golf Centre

Wednesday 18th February:

- Football 2pm - 5pm

Easter Holidays

Tuesday 31st March

- Rugby Activation 9am - 10am in the Gym
- Rugby Training Session 10am-12pm on the Pitch
- Individual Performers S&C session 10am-12pm in the Gym
- Golf S&C session 1pm - 2pm in the Gym
- Golf Range session 2pm - 4pm at the Golf Centre

Wednesday 1st April

- Football 2pm - 5pm

May Half Term

Tuesday 26th May

- Rugby Activation 9am - 10am in the Gym
- Rugby Training Session 10am-12pm on the Pitch
- Individual Performers S&C session 10am-12pm in the Gym
- Golf S&C session 1pm - 2pm in the Gym
- Golf Range session 2pm - 4pm at the Golf Centre

Wednesday 27th May

- Football 2pm - 5pm



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**EASTON
COLLEGE**



Easton College:



Football Academy

FREE

Taster sessions

Experience a training session with our Football Academy coaches.

Our free Taster Sessions are a great way to learn more about what we offer on our Football Academy Pathway. Open to boys and girls, please wear suitable clothing, bring football boots, shin pads and a water bottle.

February Half Term

Wednesday 18th February

Year 7 and 8 9am - 10.45am

Year 9 and 10 11am - 12.45pm

Year 11 2pm - 5pm

May Half Term

Wednesday 27th May

Year 7 and 8 9am - 10.45am

Year 9 and 10 11am - 12.45pm

Year 11 2pm - 5pm

Easter Holidays

Wednesday 1st April

Year 7 and 8 9am - 10.45am

Year 9 and 10 11am - 12.45pm

Year 11 2pm - 5pm



01603 731561



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**EASTON
COLLEGE**

Ambition

Norfolk and Waveney Health and Care Academy:

The **Norfolk and Waveney Health and Care Academy App** was launched in late 2025.

The app is designed to support students, parents and carers, teachers, and careers advisers in exploring careers in health and social care.

In addition, the Health and Care Academy has introduced **themed months on our social media platforms** ([Facebook](#) and [Instagram](#)) to provide guidance on topics such as work experience, GCSE and post-16 options, and careers in health and social care.

- January:** Focus on ***Options and Work Experience*** – showcasing work experience opportunities in health and social care which is available to view.
- February:** Spotlight on ***Apprenticeships***
- March:** Highlighting ***Professions & Careers***

If any students have questions about careers or opportunities in health and social care, please contact us at HealthandCareAcademy@jpaget.nhs.uk.

How to Download the Health & Care Academy App



Search for
"HealthZone UK" on
the App Store / Google
Play Store



Once downloaded,
search and select
"N&W Health and
Care Academy"



< Terms & Conditions

We have a few quick questions, before you get started.

Gender

Select

Area of Residence

Select

Please select the option that best describes you:*

You will need to
complete a short
registration form,
then you can access all
of the latest health
and social care
information for
Norfolk & Waveney

Or scan the QR Code



GET IT ON
Google Play

Download on the
App Store

For more information, contact
healthandcareacademy@jpaget.nhs.uk

Respect



Star of the Week:

Each week we identify a pupil in each year to be our star of the week. This is a simple way for us to recognise our pupils who are really representing our Old Buckenham High School values and making us incredibly proud.

Year 7	Dylan W	7G	For his excellent ambition in building and programming his own Reflex Tester.
Year 8	Oliver C	8Y	For an impressive number of positives this week.
Year 9	Grace D	9B	For an exceptional behaviour record this academic year.
Year 10	Hayden L	10B	Outstanding attitude and fantastic start to new term.
Year 11	Jack W	11B	Outstanding attitude and fantastic start to new term.

Other notices: