

KS3 PD Overview

Independent Learning Time: 30 mins per week – Combination of PSHE, RE, Citizenship and Careers

YEAR 7

Term	Area of learning	Independent learning	Additional sessions off timetable
Autumn 1	PSHE, Citizenship	Transition – my new school (on SharePoint)	Internet Safety – Police Key Messages ILT (assembly preferred with Police Link Officer)
Autumn 2	RE	Festivals	
Spring 1	Citizenship	Liberties in the UK (inc. British Values)	What's my job? Challenging stereotypes
Spring 2	Citizenship, PSHE	Healthy Living (inc. FGM)	
Summer 1	RE	Religious Leaders	
Summer 2	PSHE, RE, Citizenship	Case Studies related to the world around us	

Lessons 100 mins per fortnight

Area of learning	Units to be taught in lessons
<p>Citizenship</p> <p>Focus on British Values</p>	<p>Democracy</p> <ul style="list-style-type: none"> • The history of Parliamentary Democracy • The role of the monarchy • The parliamentary system • Elections • Political parties • How to become an MP • Debate – should 16-year-olds be given a vote • What happens in the HoL and HoC • How laws are made
PSHE	<p>Puberty, Personal Hygiene and Relationships</p> <ul style="list-style-type: none"> • Pregnancy and birth • Puberty changes • Why am I feeling like this?

Signposting, safeguarding	<ul style="list-style-type: none"> • The difference between biological sexes • Relationships – family and friends (issues that may arise and how to deal with them) • Different types of relationships • When relationships go wrong • Peer pressure • Forced marriage
RE	Christianity <ul style="list-style-type: none"> • Denominations • Nature of God • Worship • Trinity • Jesus • Sacraments • Prayer

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YEAR 8

Term	Area of learning	Independent learning	Additional sessions off timetable
Autumn 1	Citizenship	Law and the Justice System	Knife Crime - Police Key Messages
Autumn 2	Citizenship	County Lines	County Lines – Police Key Messages
Spring 1	Citizenship	Moral Thinking	
Spring 2	Citizenship/careers	My Future	Employer Speed Networking Event
Summer 1	RE	Signs and Symbols	
Summer 2	PSHE	Drugs and Alcohol	

Lessons 100 mins per fortnight

Area of learning	Units to be taught in lessons
RE	Pilgrimages <ul style="list-style-type: none"> • Journeys • Jerusalem • Hajj • The Golden Temple • Walsingham • Hindu pilgrimage
RE	Islam <ul style="list-style-type: none"> • Introduction to Islam • The 5 Pillars • Qur'an • Islamic food • Islamic prayer • Islamic clothing • British Muslims • Jihad
PSHE	Relationships & Sex Education <ul style="list-style-type: none"> • Sexual Consent • Contraception • The law and sex • What if I don't want to? • The media and sex

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YEAR 9

Term	Area of learning	Independent learning	Additional sessions off timetable
Autumn 1	Citizenship & PSHE	Multicultural Britain	Grooming - Police Key Messages World Aids Day Firework/Halloween safety assembly
Autumn 2	Careers	Careers – pathways, Norfolk specific local jobs	
Spring 1	Careers	Cont. Careers linked to GCSE Option Choices Icanbea – quiz exploring personal strengths and interests, matched to industry sectors and career pathways	National Careers Week Careers Fair 9 th /10 th March
Spring 2	PSHE	Managing risk	
Summer 1	PSHE	Online Media	
Summer 2	PSHE	Basic First Aid	

Lessons 100 mins twice a fortnight

Area of learning	Units to be taught in lessons
RE	<p>Good and Evil - from a Christian Perspective, Humanist, Agnostic, Atheist.</p> <ul style="list-style-type: none"> • Good and evil • Different perspectives of 'goodness' • Suffering • The origin of sin • Free will • Job • Treatment of people and animals • Case Study - Rwandan Genocide
RE	<p>End of Life - Buddhist, Christian, Islamic, Humanist, Agnostic, Atheist ideas explored</p> <ul style="list-style-type: none"> • Day of the Dead • Life after death - various worldviews • Christian view of afterlife • Islamic afterlife • Reincarnation - Buddhism

RE	<p>Rites of Passage - Judaism, Christianity, Sikhism, Atheism, Humanism</p> <ul style="list-style-type: none"> • Infant and Adult Baptism - Christianity • Brit Milah - Judaism - Covenant. • Aqiqah - Islam • Bar Mitzvah - Judaism • Khalsa - Sikhism • Christian marriage - symbolism, different denominations attitudes towards divorce and remarriage • Hindu marriage - Assisted and Arranged Marriages • Islamic marriage
PSHE	<p>Relationships and Sex Education</p> <ul style="list-style-type: none"> • LGBTQIA+ • What are STIs? • Introduction to sexual health • AIDS and HIV truths and myths • Pornography • Stonewall's FIT • Condom demonstration
PSHE	<p>Mental Health and Wellbeing</p> <ul style="list-style-type: none"> • What do we mean by physical and mental health? • Feeling 'down' and depression • Stress and anxiety • Self-image • What does resilience mean? • Is anyone perfect?
Citizenship	<p>Money and Finance</p> <ul style="list-style-type: none"> • Why do we use money? • What do you do with your money? • The best ways to pay for things • Borrowing money • Keeping control of money • Are you a saver or spender?