

Subject Name	
Curriculum core purpose. Intent	
Personal development is both a subject and a school ethos. We want each student to leave the school feeling confident, unique and proud. We want to develop character enabling students to have a secure sense of self. We want students to know how to navigate through life safely, happily and healthily in a world that is constantly changing.	
Community	
We cover community and responsibility within the citizenship aspect of the curriculum. This includes learning about the different roles and responsibilities people have within their community. It is also important to teach about the benefits of living in a diverse community and strategies for challenging stereotypes and prejudice	
Ambition	
Ambition is promoted through a well structured and logical curriculum which covers aspirations. Giving students access to post 16 information and having clear links to careers will enable students to make informed decisions about future options and choices. Students will also have clear guidance on entry requirements including grades for the courses and levels applied for. One to one careers guidance can also help to facilitate this and will ensure all learners can access the necessary information.	
Respect	
Respect is a major part of the curriculum promoting equalities, preventing and tackling discrimination and bullying, developing cultural awareness and preparing children positively for life both now and in the future. Respect starts in the classroom. We create a safe space where students are able to ask questions without fear.	
Content-Knowledge and Skills.	Subject specific pedagogy

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<ul style="list-style-type: none"> The curriculum for personal development is more widely known as P.S.H.E. PSHE stands for personal, social, health and economic. PSHE education became statutory in September 2020 under the Children and Social Work Act. This means legally we have to teach it to you as it is compulsory in all schools. <p>The following are the 4 compulsory topics you must cover during secondary education:</p> <ol style="list-style-type: none"> Relationships and sex education (RSE) and Health education Citizenship – Preparing you to be part of society particularly in Britain. RE – Religious education Careers 	<p>We teach personal development in a number of ways:</p> <p>Taught lessons in years 7 and 8 these consist of 1 lesson per fortnight of 100 minutes.</p> <p>All years will be taught personal development during tutor time sessions.</p> <ul style="list-style-type: none"> It is taught in several subjects across the curriculum such as Geography, health and social care, Science etc. Assemblies across the year Visitors and workshops across the year School clubs Careers advice <p>For careers we follow the 8 Gatsby Benchmark criteria to ensure we are meeting pupils needs and providing effective information about post 16 options and future career choices. These benchmarks are:</p> <ol style="list-style-type: none"> Providing a stable careers programme Learning from career and labour market information Addressing the needs of each pupil Linking curriculum learning to careers Encounters with employers and employees Experiences of workplaces Encounters with further and higher education Personal guidance. <p>For more information about our careers offer, you can refer to our school website.</p>
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PD and Careers Curriculum Content	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7 Tutor time	Topic: My new school Key concepts: <ul style="list-style-type: none"> My new school 	Topic: Racism and stereotyping Key concepts: <ul style="list-style-type: none"> Stereotyping and unconscious bias 	Topic: Liberties in the UK Key concepts: <ul style="list-style-type: none"> British values 	Topic: Healthy living Key concepts: <ul style="list-style-type: none"> Healthy eating 	Topic: What is a community? Key concepts:	Topic: My future Key concepts:

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	<ul style="list-style-type: none"> • What type of student are you? • What is revision • Basic study skills • Being organised • Time management • Dealing with stress 	<ul style="list-style-type: none"> • Careers and gender bias • What is racism? • Where does racism come from? • Online racism and hate • Consequences of hate • Anthony Walkers story <p>Careers:</p> <ul style="list-style-type: none"> • Police assembly - online safety awareness • Careers and gender stereotyping – tutor time session • Labour market information – tutor time session 	<ul style="list-style-type: none"> • Mutual respect and tolerance • Rule of Law • Individual liberty • Democracy • Religious beliefs 	<ul style="list-style-type: none"> • Diet and exercise • Body image • mental health • sleep • Personal hygiene • Cancer, bereavement and organ donation <p>Careers:</p> <ul style="list-style-type: none"> • Apprenticeships week • Careers week 	<ul style="list-style-type: none"> • What is a community • Local, national, international or a blend? • Segregated communities • Community cohesion • Roles in the community • OBHS and our community 	<ul style="list-style-type: none"> • What career suits your personality? • Abilities and careers • Personal attributes • Personal branding • About me <p>Careers:</p> <p><u>My future – Tutor time sessions</u></p> <ul style="list-style-type: none"> • What career suits your personality? • Abilities and careers • Personal attributes • Personal branding • About me
Year 7 PD lessons	<p>Topic: Relationships and sexual Health</p> <p>Key concepts:</p> <ul style="list-style-type: none"> • Puberty and changing bodies • Reproduction, pregnancy and menstruation • What are relationships? • Why have sex including Intimacy without sex and sexual pressure • Gender roles and stereotypes including transitioning • The importance of friends and family • Healthy friendships 		<p>Topic: Democracy</p> <p>Key concepts:</p> <ul style="list-style-type: none"> • Parliamentary democracy • The role of the monarchy • The parliamentary system • Elections • political issues • Political parties • Should 16 year olds be given the right to vote? • What happens in the HOC and HOL • How Laws are made 		<p>Topic: Religion</p> <p>Key concepts:</p> <ul style="list-style-type: none"> • Christianity and Judaism • Islam and Sikhism • Buddhism and Hinduism • Birth and religion • Coming of age • Marriage and religion • Death and religion 	

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Year 8 tutor time	Topic: Law and the justice system Key concepts: <ul style="list-style-type: none"> Victimless crime Police Vandalism One punch can Kill Mob Mentality Social media and the law Harmful Sexual behaviour 	Topic: County lines Key concepts: <ul style="list-style-type: none"> What is county lines? What is the impact on young people? Gangs and weapons What are the warning signs? What makes people join a gang? Joining a gang part 2 Careers: <ul style="list-style-type: none"> Police assembly – Drugs and the law Green careers – drop down session 	Topic: Moral thinking Key concepts: <ul style="list-style-type: none"> How do you make decisions? Thought experiment Which would you choose? Who would you save? Moral Dilemmas 	Topic: Drugs and alcohol awareness Key concepts: <ul style="list-style-type: none"> Facts and physical and psychological effects on the body Links to serious mental health issues Illegal drugs, alcohol and tobacco What the law says and where to find support Careers: <ul style="list-style-type: none"> Apprenticeships week Careers week Careers fair UTCN assembly 	Topic: Desert Island living Key concepts: <ul style="list-style-type: none"> Landing on the Island Making some decisions Sam's bad day Law and order Community dilemma The Dr 	Topic: Managing risk Key concepts: <ul style="list-style-type: none"> Positive and negative risk Where are you most at risk Saying no Bullying Responding to bullying Bystanding
Year 8 PD lessons	Topic: Relationships and Sexual Health Key concepts: <ul style="list-style-type: none"> Consent Consent and the law including abuse Contraception Sex and the media Let's talk relationships Online relationships and peer on peer abuse The importance of Sexual health. 		Topic: Citizenship and human rights Key concepts: <ul style="list-style-type: none"> Right and responsibilities Consumer rights Employee and employer responsibilities Trade unions Human rights Anti semiotism and Islamophobia Homophobia LGBTQ+ 		Topic: Money management Key concepts: <ul style="list-style-type: none"> The evolution of money What do you do with your money The best way to pay for things Borrowing money Budgeting Are you a saver or a spender Online gambling and consumer rights 	
Year 9 tutor time	Topic: Multiculturalism Key concepts: <ul style="list-style-type: none"> British Migration 	Topic: Online safety Key concepts: <ul style="list-style-type: none"> Online safety Social media 	Topic: Careers pt 1 Key concepts: <ul style="list-style-type: none"> Options and careers 	Topic: Careers pt 2 Key concepts: <ul style="list-style-type: none"> Post 16 options awareness 	Topic: Relationships and Sexual Health Key concepts: <ul style="list-style-type: none"> LGBTQ+ 	Topic: Mental health and wellbeing Key concepts:

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	<ul style="list-style-type: none"> Refugees Asylum Careers: <ul style="list-style-type: none"> RAF Careers workshop Army workshop Police assembly - Respecting others and keeping safe RAF Op x humanitarian relief workshop 	<ul style="list-style-type: none"> Gaming Sexting Cybercrime Fake news and live streaming De-escalating situations Careers: <ul style="list-style-type: none"> RAF workshop STEM First aid training - drop down session 	<ul style="list-style-type: none"> Subjects and careers What makes a good student What employers are looking for 	<ul style="list-style-type: none"> Skills festival at the Norfolk show ground Person specifications Job adverts 	<ul style="list-style-type: none"> Consent Sharing of nudes Sexual health STI's Contraception AIDS and HIV 	<ul style="list-style-type: none"> What is mental health? Depression Stress Dealing with stress Resilience Is anyone perfect?
Year 10	Topic: Life skills Key concepts: <ul style="list-style-type: none"> Work experience intro Money and finance Banks and money Taxes and the UK What Is debt? Manging debt Digital payments Careers: <ul style="list-style-type: none"> RAF careers workshop Army workshop RAF Op x humanitarian relief workshop Post 16 evening Access college assembly 	Topic: Relationships and Sexual Health Key concepts: <ul style="list-style-type: none"> Peer on peer abuse Adult relationships STI's Abortion, laws, morals and ethics Careers: <ul style="list-style-type: none"> RAF workshop STEM Police assembly - Abuse in relationships Labour market information 	Topic: Crime and criminality Key concepts: <ul style="list-style-type: none"> Age of responsibility Prison reform and punishment Honour based violence Forced marriages Dark web Ross Kemp documentary Careers: Midwifery workshop	Topic: Religious views on end of life Key concepts: <ul style="list-style-type: none"> Sanctity of life Euthanasia Euthanasia and religious views Abortion Careers: <ul style="list-style-type: none"> Apprenticeships week Careers week Abbeygate/WSC virtual assembly Careers fair 	Topic: The world of work Key concepts: <ul style="list-style-type: none"> Taste for work challenge Formal language Informal language Technical language Elevator pitch Careers: <ul style="list-style-type: none"> UTCN assembly 	Topic: My future Key concepts: <ul style="list-style-type: none"> Planning for the future Personal branding Writing a personal statement What is a CV Writing a CV Reflecting on work experience Careers: <ul style="list-style-type: none"> 1 week at with employers for work experience

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	<ul style="list-style-type: none"> Education finance assembly and workshop 					
Year 11	<p>Topic: Post 16 options</p> <p>Key concepts:</p> <ul style="list-style-type: none"> Post 16 options Help you choose Help you choose Help you choose Making applications Interviews Intended destinations <p>Careers:</p> <ul style="list-style-type: none"> WHA assembly RAF careers workshop Diss High assembly Thetford academy assembly Isaac Newton assembly Abbeygate/ WSC virtual assembly RAF Op x humanitarian relief workshop Post 16 evening Access college assembly CNS assembly Education finance assembly and workshop RAF workshop STEM 	<p>Topic: Aspirations</p> <p>Key concepts:</p> <ul style="list-style-type: none"> What is ambition? Aspirations Going to university Achieving Success Growth mindset Motivation and study Nick Vujicic 	<p>Topic: Mental health and wellbeing</p> <p>Key concepts:</p> <ul style="list-style-type: none"> Coping with stress Exam stress What is mental health? Fears and anxiety Supporting someone with anxiety Importance of happiness <p>Careers:</p> <ul style="list-style-type: none"> Apprenticeships week Careers week Careers fair 	<p>Topic: Revision recap</p> <p>Key concepts:</p> <ul style="list-style-type: none"> Revision timetables Revision pyramid Foundation level revision Middle level revision Top level revision Using exam board materials 	Students to Independently revise	Students to Independently revise

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	<ul style="list-style-type: none">• Flagship apprenticeships assembly• Higher education assembly – CCN• 					
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